

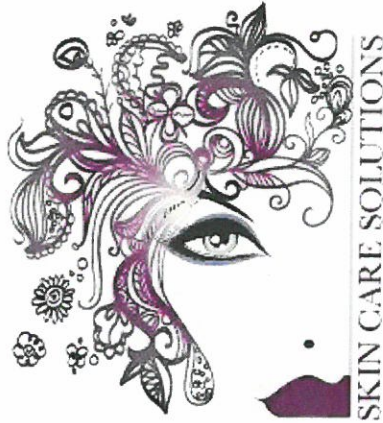
SKIN CARE SOLUTIONS
PRE & POST INSTRUCTIONS
IPL LASER

- No sun exposure (natural , beds or sunless) 4 weeks prior to treatment
- We may not treat any area over a cosmetic tattoo
- Use of sunscreen SPF 30 or higher for unavoidable sun exposure
- Call if a change in medication (photo sensitizing drug) occurs
- Stop applying Retin-A, AHAs or any irritating agents to the skin 3-5 days prior.
- No cosmetic fillers 3-4 weeks prior to laser
- Persons with an active or healing cold sore may not be treated and must be rescheduled
- Women who become pregnant or are nursing must be rescheduled
- No pacemaker or internal defibrillator.

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- Warmth, redness and swelling may occur in treated area and may last for several hours
 - Pigment may become darker and give a dirty appearance that may last 1-4 weeks
 - Avoid harsh rubbing of treated area. No exfoliating scrubs or loofa until skin returns to normal
 - Cool pack may be used 10-15 min every hour as needed; Avoid ice packs, this may reduce effectiveness of treatment
 - No sun exposure for 4 weeks prior to treatment and 4 weeks following treatment; spf of 30 + for unavoidable exposure
 - Avoid activities that cause excessive heat and sweating. Avoid pool chemicals, saunas, hot tub and Jacuzzi until skin returns to normal,1-4 weeks
 - The use of hydrocortisone cream or 100% aloe vera gel may ease redness or inflammation
 - Return to prescribed home care following prescribers instructions

Any questions or concerns, please call our office

Skin Care Solutions 330-202-3460



Skin Care Solutions

Pre & Post Instructions

Laser Hair Reduction

- No sun exposure (natural ,beds or sunless) 4 weeks prior to treatment
- Use of sunscreen SPF 30 or higher for unavoidable sun exposure
- Do not bleach hair to be treated
- Do not tweeze or wax hair 6 weeks prior to laser
- Stop applying Retin-A, AHAs or any irritating agents to the skin 3-5 days prior.
- No cosmetic fillers 2 weeks prior to laser
- Persons with an active or healing cold sore may not be treated and must be rescheduled
- Women who become pregnant or are nursing must be rescheduled
- No pacemaker or internal defibrillator.

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- Apply a cooling , soothing preparation such as aloe vera if needed
 - Cool pack may be used if needed, avoid ice packs
 - Make-up and or deodorant may be applied as long as the skin is not broken
 - No sun exposure for 2 weeks prior to treatment or 4 weeks following treatment and spf of 30 + for unavoidable exposure
 - Avoid harsh rubbing of treated area for 24 hr.
 - Hair will fall out over time
 - A soft cloth or loofa may be used to dislodge treated hairs after 1 week of laser

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Skin Care Solutions **330-202-3460**